



George Brooker House has provided quality aged care to the local community of Dagenham, Essex for over 30 years. We are a non profitable charity meaning that all of our income is reinvested back into the home and improving the quality of care given to our residents.

George Brooker House is a place residents can call their own. They enjoy the privacy of their own bedroom, combined with the companionship of others and 24-hour support from the dedicated care team. Quality home-cooked meals are enjoyed together daily, along with a variety of activities and regular social events. For our residents' convenience, we have organised a number of regular services at the home. These include hairdressing, chiropody, dentistry, mobile library and worship.

Contact us

If you have any questions about George Brooker House or indeed about care in general, please get in touch.

We endeavour to respond to all enquiries within 24-hours. Please be assured that your details will remain private and any information supplied will be treated as confidential.

George Brooker House
100 Dagenham Avenue
Dagenham
Essex
RM9 6LH

T: 020 8984 8983

E: information@georgebrookerhouse.co.uk

www.georgebrookerhouse.co.uk



**George
 Brooker
 Care Society**

Caring from the heart



**George
 Brooker
 Care Society**
Caring from the heart

George Brooker Care Society Limited is a registered society under the Co-operative and Community Benefit Societies Act 2014

An exempt charity. Homes and Communities Agency H3860. Industrial and Provident Society 25897R.

Registered Office: George Brooker House, 100 Dagenham Avenue, Dagenham, Essex RM9 6LH

George Brooker House
 100 Dagenham Avenue,
 Dagenham, Essex, RM9 6LH

Tel: 020 8984 8983

www.georgebrookerhouse.co.uk

Accommodation

We understand the trauma of giving up a much loved home, therefore, we encourage new residents to bring their treasured belongings with them. Everyone is welcome to personalise their bedrooms with their own small pieces of furniture and familiar items. We want our residents to make our home feel like their home too.

Residents enjoy the privacy of their own bedrooms, located over two floors with a lift. All rooms can be personalised, but as standard, they have a single bed, wardrobe, reading lamp and television. There is a telephone point to connect a privately funded phone line (optional), wi-fi access and emergency call buttons for safety and peace of mind. En-suite bedrooms are available with a washroom and toilet. Others are equipped with a built in washstand with mirror. The home has four modern bathrooms, all of which have assisted baths or wetroom facilities. There are also separate toilets located throughout the home. Staff call buttons and support rails are located in each facility for residents' safety and convenience.

The House has three pleasant communal areas with high backed, comfortable armchairs where residents can relax, socialise and enjoy television. The largest of these communal areas has an open plan layout with wide windows overlooking the pleasant garden area. This room is at the heart of the home; it is the setting for our group activities and events. The other communal areas are more

peaceful and suited for those who like to relax and enjoy quiet chitter chatter among friends. One of those areas are set up for sensory activities and are perfect for those living with Dementia. Mealtimes are enjoyed together in a choice of bright and welcoming dining rooms. To add a true domestic feel to the place, the home has kitchenettes on both floors where residents can get involved in kitchen activities and home baking.

Dining

George Brooker House has two main dining rooms where residents enjoy mealtimes together. The rooms are light, airy and pleasantly appointed. Both social settings provide a warm friendly environment where fellow residents can enjoy companionship, conversation and good food.

Our residents enjoy home cooked meals every day, freshly prepared by our professional catering team. Packet mixes and pre-prepared foods are excluded from our menus to ensure every meal is appetising and nutritious. Our varied menus offer a choice of dishes and incorporate a range of seasonal fruit and vegetables and fresh locally farmed produce. We pride ourselves on ensuring a quality dining experience for our residents.

The award winning catering team provide four varied meal services daily. Two homemade hot meals are served every day, at lunch and afternoon tea. Home-baked cakes and old style puddings complement traditional savoury dishes. Cooked English Breakfasts also feature on the weekly menu.

Activities

The physical, emotional and spiritual needs of our residents are of utmost importance to us. We have an activity team in place that cover a 7-day week. They will work with residents on an individual basis to ensure that activities are formulated to a person-centred need. We pride ourselves on our fun filled schedule and this is also circulated to the relatives to encourage active, meaningful participation and to build friendships. We have a visiting C of E congregation that attends once a month and this consists of prayer and singing. For more information please visit our Facebook Page.

The daily schedule includes both individual and group activities and adapted to suit resident's preference and personality.

The staff and volunteers organise a number of day trips and outings throughout the year, this could be trips that we all take for granted such as a bus journey to the local supermarket or competitive activities such as ten pin bowling. Our residents also attend regular community based activities such as the fortnightly Dementia Choir that is based in Hornchurch.

Special in-house entertainment and events are organised regularly. We also celebrate residents' birthdays with freshly made cakes from the kitchen, and themed menus mark other important calendar events.

If you would like some more advice or you would like to arrange a visit please speak to a member of our friendly team who will be happy to assist you.



T: 020 8984 8983

E: information@georgebrookerhouse.co.uk

